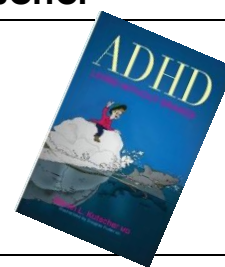


**ADHD - Living without Brakes Martin L. Kutscher**

Published by Jessica Kingsley, 2008  
Paperback editions from £11.37



A concise and highly accessible book containing information about ADHD for parents and professionals. Martin Kutscher is a paediatric neurologist and understands the nature of ADHD as well as the perspectives and experiences of parents, teachers and children.

Kutscher describes the spectrum of ADHD, the co-occurring symptoms, and common difficulties that parents face. The rest of the book focuses on solutions.

I recommend Living Without Brakes as the book of first choice for parents of a child with ADHD.

Other titles by this author:

- Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!
- Children with Seizures.